**Radiofrequency for Fat Reduction and Skin Tightening**

**What’s is Radiofrequency for Fat Reduction and Skin Tightening?**

Radiofrequency treatment is a safe and effective non-invasive aesthetic procedure that delivers radiofrequency waves to heat the deeper skin for both skin tightening and fat reduction without causing ablation to the skin.

**How does Radiofrequency for fat reduction and skin tightening work?**

A cooling gel, oil or glycerine based liquid is applied to the desired area before to facilitate smooth treatment without burning it. Radiofrequency waves are delivered on the skin and generate heating to disrupt the fat cells which causes cell death that can be eliminated through natural ways. Radiofrequency also stimulates collagen and elastin production to provide a tighter and younger looking skin.

**Is the treatment painful? Is it safe? How long will the treatment take?**

The treatment is well tolerable that has been compared to hot stone massage where you can only feel warm sensation for 15- 30 minutes. Radiofrequency technology has been proven to be safe and effective for all skin types.

**How many treatments I need before I see results and how long will it stay?**

A course of 4-6 treatments in 1-2 weeks interval is needed to achieve optimal results. Improvement could be observed immediately after every treatment and gradually betters in time. Touch-up after 3-4 months is needed to maintain the results.

**Who is not a candidate for radiofrequency lipolysis?**

Patients with loose skin or poor tone may not be suitable candidates for the procedure.

**What does radiofrequency lipolysis do?**

The goal of radiofrequency lipolysis is to reduce the volume of fat in a fatty bulge. Some patients may opt to have more than one area treated or to retreat an area more than once.

**What are the risks of radiofrequency lipolysis?**

* Mild erythema has been reported.
* Recovering from radiofrequency lipolysis
* There are no activity restrictions and no downtime.

**What are the results of radiofrequency lipolysis?**

Patients with treatment to the abdomen have averaged a reduction of just under two inches, though not all patients have a measurable, perceptible reduction.